

POTENTIALLY HAZARDOUS FOODS

WHAT ARE POTENTIALLY HAZARDOUS FOODS (PHF)?
PHF is any food or food ingredient (natural or synthetic) capable of supporting rapid growth of micro-organisms



MEAT • DAIRY

Cooked or raw animal (protein) products, such as meats, poultry, dairy, milk, cheese, fish & seafood

STARCH

Heat treated vegetables and starches, such as cooked rice, beans, potatoes, & pasta



SPROUTS • MELONS

Tofu • Raw Seed Sprouts
Cut Melons • Garlic in Oil • Etc.